

Metaphysical Mind

Hello

This is Jason here, with the first issue of the "Metaphysical Mind" E-Zine/ Newsletter from www.what-is-metaphysics.com, in this issue:

1. Featured Quotes
 2. Main Article: How Far Into the Metaphysical World Will You Go?
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 5. Recommended Resource: Radical Forgiveness, Making Room for the Miracle
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1. **Quotes:**

"If we become increasingly humble about how little we know, we may be more eager to search." – Sir John Templeton

"We cannot change anything until we accept it. Condemnation does not liberate, it oppresses." - Carl Jung

"Choose again.

Pretend that you are enlightened.
Pretend that you are loved by God.
Pretend that you are perfect just the way you are.
Take a deep breath now and PRETEND WHAT IS TRUE.
Then everything will make sense.

When you pretend something that is true, then you immediately become that Truth.

First the energy of God descends upon the Earth, then it pretends whatever it wants to be, then it ascends back to its source. You are God pretending to be whatever you are right now. Do you understand what this means? You have allowed yourself to descend, but by pretending to be less than what you are, you have not ascended back to God."

-Thomas (Indigo Child)

2. How Far Into The Metaphysical World Will You Travel

You are ready to experience the Infinite Source flow through your entire being. It is time for you to gain access to infinite intelligence, infinite energy, total happiness, abundant wealth, unconditional love, and unending health and wellness.

How Do I Know?

Because, you are reading this article right now. If you were not ready to begin or continue your exploration of the metaphysical world you would not have attracted this article into your life. Your Higher Self (or All-That-Is/ God/ The Universe/ True Self or whichever word you prefer to use. Remember the terminology is not important, only the ideas are) has led you step-by-step to this article.

Everything happens for a reason, and we must figure out what the reason is for you to be reading this article. The most probable reason is that you need some information and support, to begin or continue your inner journey through the metaphysical world. Some important information that you should have, before you begin your exciting journey, is...

What Exactly Is Metaphysics?

If you have yet to take my e-course, "What Is Metaphysics?", you may still be wondering what the answer to this question is. As defined by the dictionary, metaphysics is "the branch of philosophy that examines the nature of reality, including the relationship between mind and matter, substance and attribute, fact and value." The best definition I have heard is "the philosophical study of being and knowing."

Metaphysics is very closely related to spirituality, but it does not belong to any particular religion. Metaphysics is used more to elaborate on your current belief system. It will compliment your religion, by expanding upon your current belief system and abolishing any limiting beliefs that you hold. This will allow you to experience health, wealth, and happiness no matter what your current belief system is.

The best way for you to continue your metaphysical journey is to simply allow it to unfold. Don't try to achieve a higher state, simply remember that it is natural and let it happen. If you move out of the way it will happen, everytime, I promise!

Reading this E-zine twice a month, alone, is quite enough to keep you on the right path to metaphysical discovery and self-realization. You do not need any particular religion to help you. Remember Christ was not a Christian, Buddha was not a Buddhist, instead they were both self-realized people. You can be too...

-Jason Randhawa © 2006

3. Inspiration: School of One

Before her first day at school in New Orleans, Ruby Bridges' mother told her: "Now I want you to behave yourself today, Ruby, and don't be afraid." Ruby and her mother went to the school, where so many people were outside shouting and throwing things. She seemed to be remembering her mother's words as she entered the school without showing any fear at all. Despite the fact that it was 1960, there were U.S. marshals walking beside her, and she was the first black child to enter an all-white school in the history of the American South. That first year, all the parents of Frantz Elementary pulled their children out of school to protest the integration. As a result, Ruby Bridges spent her first year in a class of one. Read this interview of Ruby Bridges Hall on PBS here:

http://www.pbs.org/newshour/bb/race_relations/jan-june97/bridges_2-18.html

4. Ten Secrets for Success and Inner Peace by Dr. Wayne Dyer

1. Have a mind that is open to everything and attached to nothing
2. Don't die with your music still in you
3. You can't give away what you don't have
4. Embrace Silence
5. Give up your personal history
6. You can't solve a problem with the same mind that created it
7. There are no justified resentments
8. Treat yourself as if you already are what you'd like to be
9. Treasure your divinity
10. Wisdom is avoiding all thoughts that weaken you

5. Recommended Resource

This issue's recommended resource is the book *Radical Forgiveness, Making Room for the Miracle* by Colin C. Tipping. This book has had a profound impact on the lives of many people, including me, in helping people to:

- Let go of being a victim
- Raise your vibrational level
- Open up your heart
- Improve your relationships

- Let go of emotional baggage

This book is an absolute, must-read! For more information about this powerful book click here: <http://www.whatismetaphysics.com/radicalforgiveness>

6. What Is New at www.whatismetaphysics.com?

Recently, I have been working on adding new articles, especially to the Science section of our website. You can check out any of the following new articles by clicking on the links below:

What Is Quantum Physics? -
<http://www.whatismetaphysics.com/whatisquantumphysics.html>

The Basics of Quantum Physics -
<http://www.whatismetaphysics.com/basicsofquantumphysics.html>

Where Physics and Metaphysics Merge--Quantum Physics -
<http://www.whatismetaphysics.com/wherephysicsandmetaphysicsmerge.html>

The Leading Edge Scientific View of Reality -
<http://www.whatismetaphysics.com/scientificviewofreality.html>

The Leading Edge Scientific View of God -
<http://www.whatismetaphysics.com/scienceandgod.html>

Why You Should Study Quantum Physics -
<http://www.whatismetaphysics.com/whystudyquantumphysics.html>

7. Bi-monthly Affirmation: *I now have within me all of the thought resources I need to transform my visions into reality*

Thank-You for sharing this experience with me. I look forward to August 22nd, 2006, where we will share similar experience together with the next issue of this newsletter.

Till then, may you enjoy all of the unconditional love that I am sending you,

Jason Randhawa

P.S. If you enjoyed this issue, please send this to any family members or friends that you love. **If you truly found value in this Ezine, I challenge you to send this to 5 people you love.** This good deed will come back to you tenfold, and you will be helping the new age consciousness to prosper. Remember: *Do unto others, as you would want them to do unto you*

If you were sent this Ezine by someone who loves you, and you have not signed up to receive it, you can receive each new issue twice a month, sent write your inbox. Along with your free subscription to this Ezine called 'Metaphysical Mind' you can get my free 7-Day "What Is Metaphysics" E-Course and Metaphysical Library all for free at <http://www.whatismetaphysics.com/newsletter1>

P.S.S If you have any question or comments or you would like to submit an article, quote, or affirmation, you can contact me at <http://www.whatismetaphysics.com/contact.html>

May you thoroughly enjoy every moment this experience we call life!

Your Fellow Journeyer,
Jason Randhawa (You can Read my autobiography at <http://www.whatismetaphysics.com/jasonrandhawa.html>)